

## **Breaking the Silence and Healing the Legacy**

The Breaking the Silence and Healing the Legacy community healing program allows a trained and qualified First Nation team to respond to the need for supporting First Nations Residential School Survivors to address the affects of the Legacy within their home communities instead of dealing with it in isolation. It provides the Residential School survivors the opportunity to empower themselves in choosing to heal past issues rather than living in constant pain. This program also encourages the Residential School survivors and their descendants who haven't yet chosen to heal their pain, to attend to one of our healing workshops where they can witness the positive changes from those who do participate.

For those who choose to initiate or continue their healing journey, and have been affected by the Legacy, will benefit from this Program by empowering themselves and thus gaining the courage to address their painful Residential School experiences in the safest healing environment possible. They will have access to various healing tools that are offered by the non-denominational Psychology of Vision® healing model. The freedom and leadership to be embraced and shared from past survivors will in essence have a rippling effect within their respective communities. Thus creating a safer and healthier living environment for themselves, their children, grandchildren and the future generations.

This community healing/training is especially essential to those Residential School Survivors and their descendents who have chosen to use this program. We will teach and model the necessary holistic support, coaching and follow-up care in co-operation along with the provision of our mandatory community commitment that will ensure the training of specific frontline community workers, healthcare workers and community counselors that remain as supplementary community support people. It is our mandate to train key community support staff present in each community to ensure that all participants will have access to essential support services after we finish the training.

Our First Nations Trainers are trained in The Psychology of Vision® (POV) healing model which has proven effective in many cultures around the world – from England, Germany, Japan, Norway, Switzerland, Taiwan, Canada and Africa.. The three major focuses of the model are *relationship*, *leadership* through accountability and finally non-denominational *spirituality*.

In 1991, Dr. Chuck Spezzano and his wife, Lency, who developed this transformational healing model, responded to requests from First Nations' communities in British Columbia to donate their time and expertise to begin healing this painful Legacy. Since then they have presented one to two workshops a year in kind, organized by several BC First Nations communities like Haida Gwaii, Gitxan Territory, Tsleil Waututh Nation and Willaims Lake. To date there are now dozens of First Nations here in British Columbia who have received the benefit of this training and now are fully qualified in using this healing model to now support and empower our people, thus the focus of this mandate – to send out a qualified FN Healing team to further the healing on the ground in our communities.

The POV healing model is about love, innocence, empowerment, accountability for our lives, and 'response-ability' to ourselves and others. It is about freeing both victims and victimizers from their pain and traps, finding the hidden gifts and talents blocked by such traps, and empowering people to become successful leaders and healers in their own right. This process driven healing model is also about problem solving and evolution; is a healing model that is not just about healing and repair, but also about vision, creativity and living one's purpose.

For more information about this program, please contact:  
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